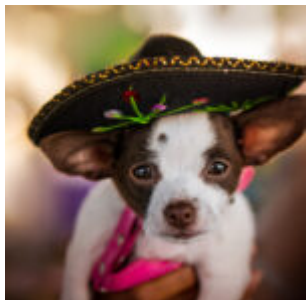


Five Last Minute Ways to Celebrate Cinco de Mayo



These are things you can put together in a jiffy to celebrate Cinco de Mayo. By the way if you don't speak Spanish... Cinco de Mayo just means May 5th. It's a day to celebrate when the Mexicans beat Napoleon's army in the Battle of Puebla in 1862.

1. Are you a beer drinker? Pick up a Mexican beer. Corona Premier beer has just 2.6 grams of carbs. That's delightful!
2. Make my husband's favorite. Frito Chili Pie. Whip up a batch of my latest Lockdown Chili. Chili comes together really fast. Then when you serve it put a layer of Fritos in the bottom of the bowl and voila. Frito Chili Pie.
3. Shop a Mexican grocery store. If you have one in your town step inside and pick up some great fixins. Mexican grocery stores are usually small businesses. They could really use the support. This is also where you can count on finding ripe avocados.
4. Make guacamole with those fresh avocados.
5. Fire up the mariachi music. If you have little kids at home and they are getting squirrely from being cooped up, make a dance party out of it!

Enjoy the holiday.

Salud!